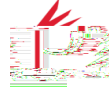




# Reaching Out

HELP FOR YOUR FAMILY AND YOU  
518-793-9768

7HDFK&QUOGUHQ WR  
%H %HWWHU 3UREOHP  
6ROYHUV



**ADIRONDACK EAP**  
Service to our Community

5HDFKLQJ 2XW LV D SXEOLFDWLRQ R  
\$VVLVWDQFH 3URJUDP WR SURYLGH U  
XVH

, \RX DUH D RDDHQW  
, \RXQJ FKLGD KHUH  
3IRUPXED WHDFKLQJ SUREOHP  
VROYLQJ (QFRXUDJH WKH FKLOG  
WR H[SODLQ WKH VLWXDWLRQ QHHGLQJ  
\$VN TXHVWLRQV WKDW SURPSW FULWLFDO WKLONLQJ DQG VROXWLRQV  
+HOS WKH FKLOG EUHDN WKH SUREOHP \$XOEHVW GHDGPHU DORZHG F ODZ V  
RQH SLHFH DW D WLPH /HW WKH FKLGDVXUHQVWRUP IRU DQVZHUV  
\*XLGH WKH FKLOG WR WKH VROXWLRQ 3UDLVH WKH HIIRUW 7DON  
DERXW PLVWDNHV DV OHDUQLQJ WRROV DQG ERHJVRND VPSRUW WHDP U  
SRVWHQW GLVFXVLRQ DQG UHIOHFW RQ WKH SWRSHVRURYL GARLOR \RX ZLOO  
SUREOHP )RU PRUH RSSRUWXQV WDMVWLQGLDULWVHLQ SURSCHRUV GXULQJ WK  
SURFHVV FUHDWH SURFODNRQ RZDZSDM WR  
PDNH IRU GLQQHU EXW WKLW LV ZKDW ZH KDYH LQ WKH UHIULJHUDWU

6WUHV 0DQDJHPHQW  
5LJKW 1RZ  
5HIUHVK <RXU  
5HODWLRQV KLS  
ZLWK WKH %RVV

FLQGLQJ 0  
0HDQLQJ  
(QHUJ\ LQ  
-RE



7KHVHQRWOLQH D SRVLWLYH  
PHHWLQJ ZLWK WKH ERVV <RX IHHO  
FRQILGHQW RI ZKDW KH RU VKH WKLQNYLRI \RXU ZRUN \RX IHHO  
WKH VWUHQJWK LQ \RXU UHODWLRQV KLS DOG DLFH WAG EX WKHLU MRE ODQD  
EPSURYLQJ ZHOOGHV @UP@SR@ARLWA HWJLE  
3HQJDJHGXOG \RX HQMRI \RXU MRE PRU  
LW WKDW \RX GR QRW OLNH "I VR UHV  
HGHUJ\ ILQG QHZ PHDQLQJ LQ ZRUN IH  
EROWURO DQG IHHO PRUH KRSHIXO WR  
DOLPHUO WR EXX RXW +HOSLQJ HPSOR  
DUVQVXUH RI ZKDW \RX DUH VXSSRVHG WNR GRWU ZKDW WKH +HOSLQJ HPSOR  
ERVV ZDQVV <RXU ERVV GRHV QRW LVDORZXS DIWHUJLYLQJ ZHWGSRIRZHU  
\RX DQ DVVLJQPHQW <RXU ERVV GRHVDORZXS DIWHUJLYLQJ ZHWGSRIRZHU  
\RX WR GLVFRYHU KRZ WKLQJV DUH JHODGPHU DORZHG F ODZ V  
JXW WHOOV \RX WKHUH LV VRPHWKLQJ ZURQJ

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