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Get to your PCP for regular care, chronic conditions, vaccines, and checkups, and most urgent care during off-hours. Examples include:

- Cough
- Digestive disorders
- Earache/ear infection
- Headache
- Sinus infection
- Sore throat
- Minor injuries
- Urinary tract infection
- Sexually transmitted infections

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MVP Health Care members and members of our extended family of providers are eligible for MVP Treatment Centers with the MVP Treatment Centers Catalog at mvphealthcare.com.

Go directly to the nearest emergency facility or call 911 if you feel that